## Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered

#### Services HMSA: Preferred Provider Plan (431)

Coverage Period: 10/01/2021 – 09/30/2022 Coverage for: Individual / Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <u>www.hmsa.com</u>.

For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>http://www.healthcare.gov/sbc-glossary/</u> or call 1-800-776-4672 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	For <u>network providers</u> <b>\$0</b> For <u>out-of-network providers</u> <b>\$100</b> individual / <b>\$300</b> family	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. All services received from a participating or in-network provider will be covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain preventive services without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	<ul> <li>\$2,500 individual / \$7,500 family (applies to medical <u>plan</u> coverage).</li> <li>\$3,600 individual /</li> <li>\$4,200 family (applies to <u>prescription drug</u> <u>coverage</u>).</li> </ul>	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billed charges, payments for services subject to a maximum once you reach the maximum, any amounts you owe in addition to your <u>copayment</u> for covered services, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>http://www.hmsa.com/search/providers</u> or call 1-800-776-4672 for a list of <u>network</u> <u>providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common Medical	Services You May Need	What Yo	Limitations, Exceptions, & Other	
Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
	Primary care visit to treat an injury or illness	\$12 <u>copay</u> /visit	30% coinsurance	none
	<u>Specialist</u> visit	\$12 <u>copay</u> /visit	30% coinsurance	none
	Other practitioner office visit:			
lf you visit a health	Physical and Occupational Therapist	20% <u>coinsurance</u>	30% coinsurance	Services may require <u>preauthorization</u> . Benefits may be denied if <u>preauthorization</u> is not obtained.
care <u>provider's</u>	Psychologist	\$12 <u>copay</u> /visit	30% coinsurance	none
office or clinic	Nurse Practitioner	\$12 <u>copay</u> /visit	30% coinsurance	none
	<u>Preventive care</u> (Well Child Physician Visit)	No charge	30% <u>coinsurance;</u> <u>deductible</u> does not apply	Age and frequency limitations may apply. You may have to pay for
	Screening	No charge	30% coinsurance	services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed
	Immunization (Standard and Travel)	No charge	30% coinsurance	are <u>preventive</u> . Then check what your <u>plan</u> will pay for.
	Diagnostic test			
	Inpatient	10% <u>coinsurance</u>	30% coinsurance	Services may require <u>preauthorization</u> . Benefits may be denied if
	Outpatient	20% coinsurance	30% coinsurance	preauthorization is not obtained.
	X-ray			
If you have a test	Inpatient	10% <u>coinsurance</u>	30% coinsurance	Services may require <u>preauthorization</u> . Benefits may be denied if
	Outpatient	20% coinsurance	30% coinsurance	preauthorization is not obtained.
	Blood Work			
	Inpatient	10% <u>coinsurance</u>	30% coinsurance	Services may require <u>preauthorization</u> . Benefits may be denied if
	Outpatient	20% coinsurance	30% coinsurance	preauthorization is not obtained.

Common Medical	Services You May Need	What Yo	Limitations, Exceptions, & Other	
Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
	Imaging (CT/PET scans, MRIs)			
lf you have a test	Inpatient	10% coinsurance	30% coinsurance	Services may require <u>preauthorization</u> . Benefits may be denied if
	Outpatient	20% coinsurance	30% coinsurance	preauthorization is not obtained.
	Generic drugs (retail)	\$7 <u>copay</u> /prescription	\$7 <u>copay</u> and 20% <u>coinsurance</u> /prescription; <u>deductible</u> does not apply	One retail <u>copay</u> for 1-30 day supply, two retail <u>copays</u> for 31-60 day supply, and three retail <u>copays</u> for 61-90 day supply.
	Generic drugs (mail order)	\$11 <u>copay</u> /prescription	Not covered	One mail order <u>copay</u> for a 84-90 day supply at a 90 day at retail network or contracted mail order provider.
If you need drugs	Preferred Formulary Drugs (retail)	\$30 <u>copay</u> /prescription	\$30 <u>copay</u> and 20% <u>coinsurance</u> /prescription; <u>deductible</u> does not apply	One retail <u>copay</u> for 1-30 day supply, two retail <u>copays</u> for 31-60 day supply, and three retail <u>copays</u> for 61-90 day supply.
to treat your illness or condition More information	Preferred Formulary Drugs (mail order)	\$65 <u>copay</u> /prescription	Not covered	One mail order <u>copay</u> for a 84-90 day supply at a 90 day at retail network or contracted mail order provider.
about <u>prescription</u> <u>drug coverage</u> is available at <u>www.hmsa.com</u> .	Non-preferred Formulary Drugs (retail)	\$30 <u>copay</u> /prescription	\$30 <u>copay</u> and 20% <u>coinsurance</u> /prescription; <u>deductible</u> does not apply	One retail <u>copay</u> for 1-30 day supply, two retail <u>copays</u> for 31-60 day supply, and three retail <u>copays</u> for 61-90 day supply. In addition to your <u>copay</u> and/or <u>coinsurance</u> , you will be responsible for a <b>\$35 Other Brand</b> <b>Cost Share per retail copay</b> .
	Non-preferred Formulary Drugs (mail order)	\$65 <u>copay</u> /prescription	Not covered	One mail order <u>copay</u> for a 84-90 day supply at a 90 day at retail network or contracted mail order provider. In addition to your <u>copay</u> and/or <u>coinsurance</u> , you will be responsible for a <b>\$105 Other Brand Cost Share per</b> <b>mail order copay</b> .

Common Medical	on Medical Services You May Need What You Will Pay		Limitations, Exceptions, & Other	
Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
If you need drugs to treat your illness or condition More information	<u>Specialty drugs</u> (retail)	\$30 <u>copay</u> /prescription	\$30 <u>copay</u> and 20% <u>coinsurance</u> /prescription; <u>deductible</u> does not apply	One retail <u>copay</u> for 1-30 day supply, two retail <u>copays</u> for 31-60 day supply, and three retail <u>copays</u> for 61-90 day supply. Other Brand Cost Share of <b>\$35</b> <b>per each retail copay</b>
about <u>prescription</u> <u>drug coverage</u> is available at <u>www.hmsa.com</u> .	<u>Specialty drugs</u> (mail order)	\$65 <u>copay</u> /prescription	Not covered	One mail order <u>copay</u> for a 84-90 day supply at a 90 day at retail network or contracted mail order provider. Other Brand Cost Share of <b>\$105 per each</b> <b>mail order copay</b> .
	Facility fee (e.g., ambulatory surgery center)	10% coinsurance	30% coinsurance	none
If you have	Physician Visits	\$12 <u>copay</u> /visit	30% coinsurance	none
outpatient surgery	Surgeon fees	10% coinsurance (cutting)	30% coinsurance (cutting)	none
		20% coinsurance (non-cutting)	30% coinsurance (non-cutting)	none
	Emergency room care			
	Physician Visit	\$12 <u>copay</u> /visit	\$12 <u>copay</u> /visit; <u>deductible</u> does not apply	none
	Emergency room	\$75 <u>copay</u> /visit	\$75 <u>copay</u> /visit; <u>deductible</u> does not apply	none
If you need immediate medical attention	Emergency medical transportation (air)	20% <u>coinsurance</u>	30% <u>coinsurance</u>	Limited to air transport to the nearest adequate hospital within the State of Hawaii, except in certain situations when transportation to the continental US is necessary for critical care in accord with HMSA's medical policy. Certain exclusions apply.
	Emergency medical transportation (ground)	20% <u>coinsurance</u>	30% <u>coinsurance</u>	Ground transportation to the nearest, adequate hospital to treat your illness or injury.
	Urgent care	\$12 <u>copay</u> /visit	30% coinsurance	none
If you have a	Facility fee (e.g., hospital room)	10% coinsurance	30% <u>coinsurance</u>	none
hospital stay	Physician Visits	\$12 <u>copay</u> /visit	30% coinsurance	none

Common Medical	Services You May Need	What Yo	Limitations, Exceptions, & Other	
Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
lf you have a	Surgeon fee	10% coinsurance (cutting)	30% coinsurance (cutting)	none
hospital stay		20% <u>coinsurance</u> (non-cutting)	30% coinsurance (non-cutting)	none
	Outpatient services			
If you have mental	Physician services	\$12 <u>copay</u> /visit	30% coinsurance	none
health, behavioral health, or	Hospital and facility services	10% coinsurance	30% coinsurance	none
substance abuse	Inpatient services			
needs	Physician services	No charge	30% coinsurance	none
	Hospital and facility services	10% coinsurance	30% coinsurance	none
	Office visit (Prenatal and postnatal care)	10% coinsurance	30% coinsurance	Cost sharing does not apply to certain preventive services. Depending on the
lf you are pregnant	Childbirth/delivery professional services	10% coinsurance	30% coinsurance	type of services, <u>coinsurance</u> or <u>copay</u> may apply. Maternity care may include
	Childbirth/delivery facility services	10% coinsurance	30% coinsurance	tests and services described elsewhere in the SBC (i.e. ultrasound).
	Home health care	No charge	30% coinsurance	150 Visits per Calendar Year
	Rehabilitation services	20% <u>coinsurance</u>	30% coinsurance	Services may require <u>preauthorization</u> . Benefits may be denied if <u>preauthorization</u> is not obtained. Excludes cardiac rehabilitation.
	Habilitation services	Not covered	Not covered	Excluded service
If you need help recovering or have other special health needs	Skilled nursing care	10% <u>coinsurance</u>	30% <u>coinsurance</u>	120 Days per Calendar Year. Includes extended care facilities (Skilled Nursing, Sub-Acute, and Long-Term Acute Care Facilities) to the extent care is for <u>Skilled nursing care</u> , sub- acute care, or long-term acute care.
	Durable medical equipment	20% coinsurance	30% coinsurance	Services may require <u>preauthorization</u> . Benefits may be denied if <u>preauthorization</u> is not obtained.
	Hospice services	No charge	Not covered	none
If your child needs dental or eye care	Children's eye exam	No charge	No charge; <u>deductible</u> does not apply	Limited to one routine vision exam per calendar year.

	Common Medical	mmon Medical Services You May Need What You Will Pay		Limitations, Exceptions, & Other	
	Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
	If your child needs	Children's glasses (single vision lenses and frames selected within designated group)	No charge	<b>U U</b>	The frequency in which you can obtain a pair of glasses may vary
ae	dental or eye care	Children's dental check-up	No charge	No charge; <u>deductible</u> does not apply 2 visits per c	2 visits per calendar year

# **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT	er (Check your policy or <u>plan</u> document for more information and a list of any other <u>excluded services</u> .	)
Acupuncture	Long-term care	•/
Cardiac rehabilitation	Private-duty nursing	
Cosmetic surgery	Routine foot care	
Habilitation services	Weight loss programs	
Other Covered Services (Limitations may	ly to these services. This isn't a complete list. Please see your <u>plan</u> document.)	
Bariatric surgery	Hearing aids (limited to one hearing aid per ear     Non-emergency care when traveling outside to one hearing aid per ear	
• Chiropractic care (e.g., office visits, x-	every 60 months) U.S. For more information, see <u>www.hmsa</u>	a.com
limited to services covered by this me		es

In Vitro Fertilization. Please refer to your plan

document for limitations and additional details)

and within the scope of a chiropractor's license)
Dental care (Adult) (limited to services covered under a rider)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: 1) 1-800-776-4672 for HMSA; 2) (808) 586-2790 for the State of Hawaii, Dept. of Commerce and Consumer Affairs – Insurance Division; 3) 1-866-444-3272 or <a href="http://www.dol.gov/agencies/ebsa/laws-and-regulations/laws/affordable-care-act">http://www.dol.gov/agencies/ebsa/laws-and-regulations/laws/affordable-care-act</a> for the U.S. Department of Labor, Employee Benefits Security Administration; or 4) 1-877-267-2323 x61565 or <a href="http://www.cciio.cms.gov">http://www.cciio.cms.gov</a> for the U.S. Department of Health and Human Services. Church plans are not covered by the Federal COBRA continuation coverage rules. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit <a href="http://www.HealthCare.gov">http://www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

For group health coverage subject to ERISA, you must submit a written request for an <u>appeal</u> to: HMSA Member Advocacy and Appeals, P.O. Box 1958,

covered under a rider)

Honolulu, Hawaii 96805-1958. If you have any questions about <u>appeals</u>, you can call us at (808) 948-5090 or toll free at 1-800-462-2085. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>http://www.dol.gov/agencies/ebsa/laws-and-regulations/laws/affordable-care-act</u>. You may also file a <u>grievance</u> with the Insurance Commissioner. You must send the request to the Insurance Commissioner at: Hawaii Insurance Division, ATTN: Health Insurance Branch – External Appeals, 335 Merchant Street, Room 213, Honolulu, Hawaii 96813. Telephone: (808) 586-2804.

For non-federal governmental group health plans and church plans that are group health plans, you must submit a written request for an <u>appeal</u> to: HMSA Member Advocacy and Appeals, P.O. Box 1958, Honolulu, Hawaii 96805-1958. If you have any questions about <u>appeals</u>, you can call us at (808) 948-5090 or toll free at 1-800-462-2085. You may also file a <u>grievance</u> with the Insurance Commissioner. You must send the request to the Insurance Commissioner at: Hawaii Insurance Division, ATTN: Health Insurance Branch – External Appeals, 335 Merchant Street, Room 213, Honolulu, Hawaii 96813. Telephone: (808) 586-2804.

### Does this Coverage Provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this Coverage Meet the Minimum Value Standard? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

#### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-776-4672. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-776-4672. Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-776-4672. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-776-4672.

—To see examples of how this plan might cover costs for a sample medical situation, see the next page.-

## About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

<b>Peg is Having a Baby</b> (9 months of in-network pre-natal care and delivery)	l a hospital	Managing Joe's type 2 Diak (a year of routine in-network care of a we condition)		Mia's Simple Fracture (in-network emergency room visit and follow care)	
The <u>plan's</u> overall <u>deductible</u>	\$0	The plan's overall deductible	\$0	The <u>plan's</u> overall <u>deductible</u>	\$0
Specialist copayment	\$12	Specialist copayment	\$12	Specialist copayment	\$12
Hospital (facility) <u>coinsurance</u>	10%	Hospital (facility) <u>coinsurance</u>	10%	Hospital (facility) <u>coinsurance</u>	10%
Other <u>coinsurance</u>	20%	Other <u>coinsurance</u>	20%	■ Other <u>coinsurance</u>	20%
This EXAMPLE event includes services like: Specialist office visits ( <i>prenatal care</i> ) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests ( <i>ultrasounds and blood work</i> ) Specialist visit ( <i>anesthesia</i> )		This EXAMPLE event includes services like: Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)		<b>This EXAMPLE event includes services like:</b> Emergency room care ( <i>including medical supplies</i> ) Diagnostic test ( <i>x-ray</i> ) Durable medical equipment ( <i>crutches</i> ) Rehabilitation services ( <i>physical therapy</i> )	
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$0	Deductibles	\$0	Deductibles	\$0
Copayments	\$20	Copayments	\$300	Copayments \$	
Coinsurance	\$1,300	Coinsurance	\$200	Coinsurance \$	
What isn't covered		What isn't covered	What isn't covered		
Limits or exclusions	\$60	Limits or exclusions	\$20	Limits or exclusions	
The total Peg would pay is	\$1,380	The total Joe would pay is	\$520	The total Mia would pay is	\$400

The plan would be responsible for the other costs of these EXAMPLE covered services.